Care CEUs

The Impact of Preterm Birth

1. Which of the following statements best describes a very preterm birth?

A. The birth of a live baby that is born at or before 25 weeks of pregnancy.

B. The birth of a live baby that is born at less than 32 weeks of pregnancy.

C. The birth of a live baby that is born between 32 and 34 weeks of pregnancy.

D. The birth of a live baby that is born between 34 and 36 completed weeks of pregnancy.

2. A 30-year-old new mother has questions regarding retinopathy of prematurity. Which of the following educational points should be expressed to the patient?

- A. Retinopathy of prematurity only affects male preterm babies.
- B. Retinopathy of prematurity does not usually affect both eyes.
- C. White pupils may be a sign/symptom of retinopathy of prematurity.
- D. Stage 1 retinopathy of prematurity is the most severe stage of retinopathy of prematurity.

3. A health care professional has questions regarding screening babies for hearing loss. Which of the following informational points of interest should be communicated to the health care professional?

A. All babies should have a hearing screening no later than one month of age.

B. All preterm babies should have a hearing screening no later than two months of age.

C. All babies should have a hearing screening no later than four months of age.

D. All preterm babies should have a hearing screening no later than four months of age.

4. According to the course, what is the main sign that a child may have cerebral palsy?

- A. An individual does not respond to his or her name by 12 months of age.
- B. A delay reaching motor or movement milestones.
- C. Excessive weight gain
- D. Weight loss

5. Which of the following best represents an unusual behavior symptom associated with ASD?

- A. An individual often appears to "tune out" other individuals.
- B. An individual avoids eye-contact.
- C. An individual often reverses pronouns.
- D. An individual has obsessive interests.

6. A 28-year-old new mother has questions regarding postpartum depression. Which of the following educational points should be expressed to the patient?

A. Postpartum depression does not typically affect women over the age 18.

B. Postpartum depression does not typically affect women over the age of 25.

C. Having trouble bonding or forming an emotional attachment with an infant is often a sign/symptom of postpartum depression.

D. Nocturnal enuresis is often a sign/symptom of postpartum depression.

7. Which of the following statements is most accurate?

A. Heavy drinking is defined as 15 or more drinks a week for men.

B. Heavy drinking is defined as 18 or more drinks a week for men.

C. Heavy drinking is defined as 10 or more drinks a week for women.

D. Heavy drinking is defined as 12 or more drinks a week for women.

8. A 40-year-old male is admitted into a health care facility. The patient informs a health care professional that he is the father of a newborn preterm baby. The patient also informs a health care professional that he is having thoughts of suicide. According to the course, how should health care professionals reduce the risk for patient suicide?

A. Confine the patient to his bed at all times.

B. Conduct an environmental risk assessment that identifies features in the physical environment that could be used to attempt suicide.

C. Avoid one-to-one monitoring.

D. Avoid group treatment options.

9. New parents have questions regarding breast milk storage. Which of the following educational points should be expressed to the new parents?

A. Freshly expressed breast milk may be stored in the refrigerator for up to four days.

B. Freshly expressed breast milk may be stored in the refrigerator for up to six days.

C. Freshly expressed breast milk may be stored in the refrigerator for up to seven days.

D. Freshly expressed breast milk may be stored in the refrigerator for up to eight days.

10. A new mother is breastfeeding her preterm baby. According to the course, how much vitamin D should the baby receive per day?

- A. 200 IU per day
- B. 400 IU per day
- C. 1200 IU per day
- D. 1800 IU per day

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