

# Care CEUs

## Federal Regulations of Long Term Care Facilities

### 1. Which of the following statements is most accurate?

- A. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that does not causes death or serious injury.
  - B. An adverse event can refer to an untoward, undesirable, and usually unanticipated event that causes death or serious injury, or the risk thereof.
  - C. An adverse event is a desirable, and usually anticipated, event which does not lead to serious injury.
  - D. An adverse event is a desirable, and usually anticipated, event which may lead to serious injury.
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### 2. Exploitation means taking advantage of a resident for personal gain through the use of manipulation, intimidation, threats, or coercion.

- A. True
  - B. False
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### 3. Which of the following services are included in a Medicare or Medicaid payment?

- A. Nursing services
  - B. Food/nutrition services
  - C. Room/bed maintenance services
  - D. All of the above
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### 4. Which of the following statements regarding grievances is most accurate?

- A. It is not necessary for a facility to make information regarding how to file a grievance available to residents.
  - B. A facility must make information on how to file a grievance or complaint available to residents.
  - C. It is not necessary for a facility to establish policies regarding the prompt resolutions of grievances.
  - D. A facility can reject a resident's grievance without conducting an investigation.
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### 5. A facility must develop and implement written policies and procedures that prohibit and prevent abuse of residents.

- A. True
  - B. False
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**6. Which of the following statements is most accurate?**

- A. It is not necessary for a facility to conduct an initial resident assessment.
  - B. A facility must conduct an initial resident assessment only if the facility deems one necessary.
  - C. At the time each resident is admitted, the facility must have physician orders for the resident's immediate care.
  - D. At the time each resident is admitted, it is not necessary for a facility to have physician orders for the resident's immediate care.
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**7. A facility must assess a resident using the quarterly review instrument specified by the State and approved by CMS not less frequently than once every 4 months.**

- A. True
  - B. False
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**8. Which of the following statements is most accurate?**

- A. A baseline care plan must be developed within 16 hours of a resident's admission.
  - B. A baseline care plan must be developed within 24 hours of a resident's admission.
  - C. A baseline care plan must be developed within 48 hours of a resident's admission.
  - D. A baseline care plan must be developed within 72 hours of a resident's admission.
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**9. Which of the following statements is most accurate?**

- A. It is not necessary for a facility to provide foot care to residents.
  - B. It is not necessary for a facility to ensure residents receive dialysis.
  - C. It is not necessary for a facility to ensure that residents who are trauma survivors receive culturally competent, trauma-informed care.
  - D. The facility must attempt to use appropriate alternatives prior to installing a side or bed rail.
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**10. In writing, a physician must personally approve a recommendation that an individual be admitted to a facility.**

- A. True
  - B. False
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**11. With the exception of influenza and pneumococcal vaccines, physician orders must be signed and dated.**

- A. True
  - B. False
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**12. A facility must provide or obtain laboratory services to meet the needs of its residents.**

- A. True
  - B. False
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**13. Which of the following statements is most accurate?**

- A. It is not necessary for a facility to provide dental services to residents.
  - B. It is not necessary for a facility to provide transportation to and from a dental service location.
  - C. A facility is only required to provide emergency dental service to residents.
  - D. A facility must provide or obtain from an outside resource routine and emergency dental services to meet the needs of each resident.
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**14. It is not necessary for a feeding assistant to work under the supervision of a registered nurse or a licensed practical nurse.**

- A. True
  - B. False
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**15. Specialized rehabilitative services must be provided under the written order of a physician.**

- A. True
  - B. False
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**16. A long-term care facility must conduct exercises to test the facility's emergency plan at least twice every five years.**

- A. True
  - B. False
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**17. A facility must establish and maintain an infection prevention and control program.**

- A. True
  - B. False
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**18. You are working in a long-term care facility. A restraint is ordered for a resident. You assist in the restraint. After the restraint incident is concluded, which of the following must be documented?**

- A. The time the emergency safety intervention actually began.
- B. The time the emergency safety intervention actually ended.
- C. The emergency safety situation that required the resident to be restrained.

D. All of the above

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**19. Within 72 hours after the use of restraint or seclusion, staff involved in an emergency safety intervention and the resident must have a face-to-face discussion.**

- A. True
  - B. False
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**20. A facility may employ physical restraint for which of the following reasons?**

- A. Disciplinary purposes
  - B. Staff convenience
  - C. As an emergency measure
  - D. All of the above
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**21. Which of the following statements is most accurate?**

- A. An individual placed in restraint must be checked at least every 20 minutes by staff trained in the use of restraint.
  - B. An individual placed in restraint must be checked at least every 30 minutes by staff trained in the use of restraint.
  - C. An individual placed in restraint must be checked at least every 40 minutes by staff trained in the use of restraint.
  - D. An individual placed in restraint must be checked at least every 60 minutes by staff trained in the use of restraint.
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**22. A facility must develop an active treatment schedule that outlines current active treatment programs.**

- A. True
  - B. False
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**23. A physician must develop, in coordination with licensed nursing personnel, a medical care plan of treatment for a client if the physician determines that an individual client requires 24-hour licensed nursing care.**

- A. True
  - B. False
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**24. Drugs designated for a particular client must be immediately removed from the client's current medication supply if discontinued by the physician.**

- A. True
  - B. False
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**25. Which of the following statements is most accurate?**

- A. A facility must segregate its residents based on their physical disabilities.
  - B. A facility must not segregate residents solely on the basis of their physical disabilities.
  - C. A facility must segregate residents with seizure disorders.
  - D. A facility must not integrate residents who are blind and/or deaf with other residents.
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