

# Care CEUs

## Elder Abuse and Neglect

**1. A fellow health care professional has questions regarding elder abuse. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Elder abuse refers to only intentional acts that cause or create a risk of harm to an older adult.
  - B. Elder abuse refers to an intentional act or failure to act that causes or creates a risk of harm to an older adult.
  - C. Elder abuse refers to a single act of aggression towards an older adult.
  - D. Elder abuse refers to a repeated act of aggression towards an older adult over the age of 75.
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**2. A 75-year-old female patient presents to a health care facility. The patient is lucid and reports that she is often yelled at and "blamed for things" she did not do. Which of the following types of elder abuse best matches the patient's aforementioned reports?**

- A. Verbal/emotional abuse
  - B. Exploitation
  - C. Sexual abuse
  - D. Neglect
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**3. A 68-year-old female patient presents to a health care facility. During the patient exam, a health care professional observes bruising on the patient's thighs and vaginal discharge. Which of the following types of elder abuse best matches the aforementioned patient signs?**

- A. Verbal/emotional abuse
  - B. Exploitation
  - C. Sexual abuse
  - D. Neglect
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**4. A fellow health care professional has questions regarding elder abuse and financial exploitation/abuse. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Financial exploitation/abuse only affects individuals with dementia.
  - B. Financial exploitation/abuse is, typically, only inflicted on older adults by family members.
  - C. Financial exploitation/abuse is, typically, only inflicted on older adults by outside sources, such as telephone and internet scams.
  - D. Financial exploitation/abuse may be inflicted on an older adult by a member of his or her family, as well as outside sources such as telephone and internet scams.
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**5. A health care professional observes a male older adult wandering around the parking lot of a health care facility. The older adult reports that he was left "here" and is not sure why he is in the parking lot or if anyone is returning to pick him up. Which of the following types of elder abuse best matches the aforementioned situation?**

- A. Confinement
  - B. Exploitation
  - C. Neglect
  - D. Elder abandonment
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**6. According to the course, which of the following best represents a sign of confinement?**

- A. Ripped clothes
  - B. Memory gaps
  - C. Nocturnal enuresis
  - D. Rope burns on the wrists
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**7. According to the course, which of the following best represents a sign of neglect?**

- A. Burn marks
  - B. Memory gaps
  - C. Nocturnal enuresis
  - D. Poor hygiene
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**8. A fellow health care professional has questions regarding older adults, elder abuse, and effective hand hygiene. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Hand hygiene does not typically prevent health care-associated infections.
  - B. Only hand hygiene techniques involving soap and water prevent health care-associated infections.
  - C. Health care professionals should use an alcohol-based handrub when their hands are visibly dirty.
  - D. Health care professionals should wash their hands with soap and water when their hands are visibly dirty.
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**9. According to the course, which of the following statements is most accurate?**

- A. Health care professionals should only apply fall precautions to older adult patients.
  - B. Health care professionals should only apply fall precautions to older adult patients with dementia.
  - C. Health care professionals should only apply fall precautions to older adult patients with physical injuries.
  - D. Health care professionals should apply fall precautions to all patients.
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**10. A fellow health care professional has questions regarding elder abuse, pain assessment, and the CPOT. Which of the following informational points of interest should be communicated to the health care professional?**

- A. The CPOT rates/scores pain on a scale from 0 - 8.
  - B. The CPOT rates/scores pain on a scale from 0 - 12.
  - C. The CPOT does not involve the evaluation of facial expressions.
  - D. The CPOT does not involve the evaluation of body movements.
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**11. A victim of elder abuse presents to a health care facility. During the patient exam, a health care professional observes a pressure injury. The health care professional also observes that the patient's pressure injury is characterized by partial-thickness skin loss with exposed dermis. Based on the previous patient information, which of the following stages best represents the stage of the patient's pressure injury?**

- A. Stage 1 pressure injury
  - B. Stage 2 pressure injury
  - C. Stage 3 pressure injury
  - D. Stage 4 pressure injury
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**12. A victim of elder abuse presents to a health care facility. The older adult is lucid and reports the following symptoms: sleep difficulties, fatigue, and anhedonia. Based on the previous patient information, which complication of elder abuse is the patient most likely suffering from?**

- A. Malnutrition
  - B. A depressive disorder
  - C. An anxiety disorder
  - D. PTSD
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**13. A 78-year-old male patient has questions about elder abuse and PTSD. Which of the following educational points should be expressed to the patient?**

- A. PTSD is not associated with elder abuse.
  - B. PTSD, typically, only affects individuals under the age of 65.
  - C. Persistent emotional stress is not associated with PTSD.
  - D. Symptoms of PTSD may include nightmares.
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**14. A caregiver has questions about ?anger management?. Which of the following educational points should be expressed to the caregiver?**

- A. The term anger management may refer to any efforts made to ?increase the emotional feelings caused by anger.
- B. The term anger management may refer to any efforts made to ?increase the physiological arousal caused by anger.
- C. Breathing exercises may be used as an anger management technique to reduce anger.

D. Anger management techniques do not typically reduce anger or the ?emotional feelings caused by anger.

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**15. According to the course, which of the following best represents an ?elder abuse prevention recommendation?**

- A. Encourage family members and friends to routinely call or visit older adults under the care of other individuals such as caregivers.
  - B. Encourage family members and friends to only routinely call or visit older adults with dementia.
  - C. Encourage family members and friends to only routinely call or visit older adults with handicaps.
  - D. Do not encourage family members and friends to routinely call or visit older adults under the care of others.
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**16. According to the course, which of the following best represents an ?elder abuse prevention recommendation?**

- A. Encourage family members, friends, and other relevant individuals to routinely monitor an older adult's bank accounts, credit card statements, and overall finances.
  - B. Do not encourage family members, friends, and other relevant individuals to routinely monitor an older adult's bank accounts, credit card statements, and overall finances.
  - C. Only encourage professional caregivers to routinely monitor an older adult's bank accounts, credit card statements, and overall finances.
  - D. Only encourage professional caregivers to manage an older adult's bank accounts, credit card statements, and overall finances.
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**17. A fellow health care professional has questions regarding medication reconciliations. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Medication reconciliations should not be completed for victims of elder abuse.
  - B. Medication reconciliations should only be completed for victims of elder abuse if they are on more than eight medications.
  - C. When conducting medication reconciliations, health care professionals should only obtain information on current medications taken at scheduled times.
  - D. When conducting medication reconciliations, health care professionals should obtain information on current medications taken at scheduled times and those taken on an as-needed basis.
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**18. Which of the following best represents an ?elder abuse prevention recommendation?**

- A. Health care professionals should only document the presence of any potential elder abuse when instructed by a health care manager.

- B. Health care professionals should only document the presence of any potential elder abuse when instructed by a patient.
  - C. Health care professionals should effectively document the presence of any potential elder abuse.
  - D. Health care professionals should not document elder abuse.
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**19. A fellow health care professional has questions regarding effective communication with older adult patients. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Health care professionals should avoid patient questions to foster effective communication when engaging with patients.
  - B. Health care professionals should avoid or limit eye contact to foster effective communication when engaging with patients.
  - C. Health care professionals should maintain emotional stability to foster effective communication when engaging with patients.
  - D. Health care professionals should direct all communication to older adult patients' family members.
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**20. A fellow health care professional has questions regarding scopes of practice and elder abuse. Which of the following informational points of interest should be communicated to the health care professional?**

- A. Scopes of practice only, typically, highlight a health care professional's limitations.
  - B. Scopes of practice do not vary by state.
  - C. Health care professionals should adhere to their related scopes of practice to help avoid elder abuse.
  - D. Health care professionals should only adhere to their related scopes of practice during emergencies to help avoid elder abuse.
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